

Supporting Caregivers

The Lifespan Respite Care Northern Network assists “caregivers” - persons in our community who care for a family member with special needs ranging in age from children to the elderly.

Without caregivers our nation would need to spend an additional \$306 billion to meet the needs of those who have disabilities, chronic illness, dementia or mental health disorders.



Respite allows families to take a well-deserved break. Our program helps families locate respite care in the community, assists families to obtain other services, and builds a pool of provider resources for respite care.

Are you looking for Providers?

Please call your Regional Coordinator or visit: RCAW website : www.respitecarewi.org

Supporting Providers

Providing you with opportunities to connections to sustain the service you provide!



Your area contact:

Pam Ironside
715-423-7182
ironkids@hotmail.com

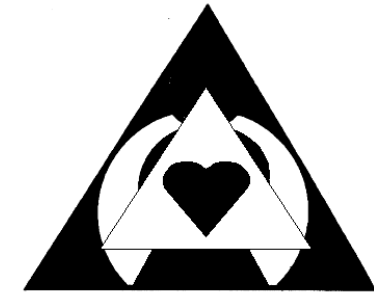
Serving: Ashland, Bayfield, Forest, Iron, Florence, Langlade, Lincoln, Marathon, Oneida, Portage, Price, Sawyer, Taylor, Vilas and Wood.

New Horizons North
514 West Main Street
Ashland, WI 54806
715-682-7171

RCAW
Respite Care Association of WI
Grant from: DHS/Biennial Governor's Budget
P.O. Box 702
Portage, WI 53901
608.222.2033
www.respitecarewi.org

Please visit: [RCAW website](http://www.respitecarewi.org) for Respite information in other regions!

Respite Services



*Lifespan Respite Care
Northern Network*

**Build Community Capacity
to Support Caregiving
Families
and Providers
since 2000**

**Northern Region
Coordinator:**

Pam Ironside
6211 North Park Road
Wisconsin Rapids, WI 54494
715-423-7182
ironkids@hotmail.com

Through: New Horizons North
www.newhorizonsnorth.com

Respite Care Association of Wisconsin
www.respitecarewi.org

What is respite?

“Short Breaks”

Respite is a “break” from ongoing and long-term caregiving duties and responsibilities. Caregivers temporarily allow another person of their choosing, paid or volunteer, to care for their family member.

Self Care is Important

Respite is a “self-care tool”. Taking breaks from our daily, ongoing responsibilities is not a luxury, but a necessity!

The Fortitude of Caregiving

Caregivers are more likely to benefit from the joys...the gifts...that caregiving can bring when they care for themselves, too!



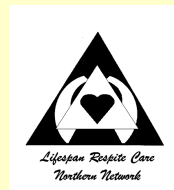
**Those caring for special needs
have to care for themselves, too.
Respite is self-care.**

What we can offer

- Connections to respite services and other supports
- Connections to funding for respite
- Paid & volunteer provider recruitment, training and matches
- Service Coordination if requested
- Community awareness campaigns
- Family Training
- Tools to self-direct respite care
- Options, access, choice & control
- Knowledge of children, adult & elderly services
- Link to RCAW website list of providers

What we can't offer:

- All the answers
- Long-term, ongoing funding



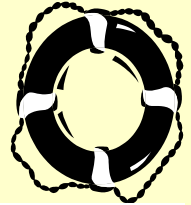
Program eligibility

You live in our service area (see map) and request our services.

What about funding?

Our program will assist families to find funding for respite care through connections to long-term care support programs.

Our program also offers available, temporary, one-time funding to caregivers who live in the home of the person for whom they care. A funding application can be requested by calling the contacts on the back of this brochure.



“Respite is a lifesaver”

Are you interested in being a respite provider?

Go to: [Respite Care Association of Wisconsin](http://www.respitecarewi.org)

RCAW Mission ~

To promote, support, and expand quality statewide respite care across the lifespan.

www.respitecarewi.org or Call 608.222.2033

E-mail: respite@respitecarewi.org